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## KNOWHEN Ovulation Kit Tests Fertility Via Saliva, Not Urine

by Winnie McCroy

EDGE Editor

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If you're looking to start your family, having an affordable and highly accurate method of tracking ovulation at home is a real convenience. Now, the KNOWHEN Advanced Ovulation Test Kit allows you to naturally determine your five most fertile days.

"We wanted to offer our user a better understanding of, and ultimately greater control over her reproductive health," said Helen Denise, CEO of HiLin Life Products, the Newark-based manufacturer.

It's an innovative, easy-to-use, saliva ovulation fertility test with 98.9 percent proven clinical accuracy in the USA. It's reusable so you can use it daily and watch the savings quickly add up versus

buying disposable ovulation test strip refills.

KNOWHEN Advanced Ovulation Test Kit is the answer to knowing your unique fertility cycle. Checking and knowing your ovulation cycle can increase your chances of getting pregnant, as it narrows your fertile period. Daily checking to learn your unique ovulation cycle is now easy with the reusable ovulation test that saves you money and time.

"You can even do saliva testing in bed. It's more comfortable to use saliva than looking for a bathroom and peeing on a stick (or sometimes on your hands)," said Denise. "With urine testing, in order to be accurate, it should be tested with the second urine, which is very inconvenient at times. Also, compared to testing with urine strips, saliva testing isn't messy. Even more important, saliva testing is easy because you don't need to run and get refills (like you would with urine strips), as our kit is meant to last forever."

The kit features a mini-ovulation microscope that can be reused daily indefinitely with just one drop of saliva. When estrogen levels increase, signaling imminent or occurring ovulation, the saliva becomes highly saline. When this happens, a recognizable, fernlike pattern can be seen on the mini-ovulation microscope lens, once the saliva has dried.



This test naturally lets you know when you're ovulating and your five most fertile days to keep you knowledgeable about your reproductive cycle. Understanding your ovulation cycle and what is considered "normal" for you will also help to increase your awareness of problems that might arise over time.

"It removes second guessing on when to test because it should be used daily and each month, you can track your entire ovulation cycle (if you are, in fact, ovulating on that particular month)," said Denise. "The fact that it's reusable means that you save money because you only purchase it one time. Our KNOWHEN app tracks and keeps records of your ovulation cycle for a whole year, and it's free."

The KNOWHEN Advanced Ovulation Test Kit is FDA reviewed, registered and certified. It's backed by clinical studies in the U.S., and is OB/GYN recommended.

If you're trying to conceive, now you'll know the five most fertile days. You'll get relief from procedures, calculations, scans, shots, and stress. It also comes with a free Fertility Monitor App that tracks your unique ovulation cycle based on your actual test results. You'll be able to know how your ovulation cycle differs

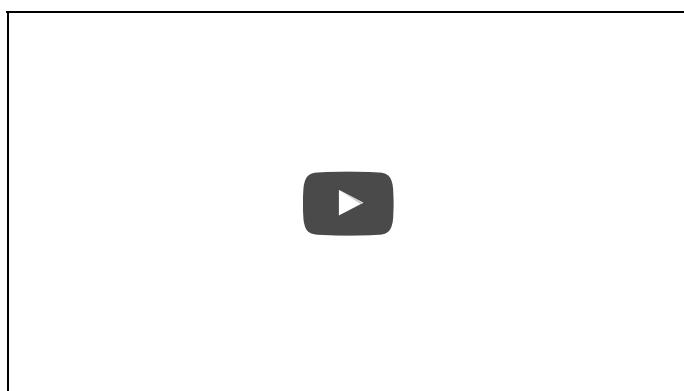
monthly, and when you last ovulated.

This Free KNOWHEN Fertility Monitor app tracks and monitors your ovulation, sexual activity and more to assist you in achieving your reproductive goals. Recording your actual ovulation test results and activities on the ovulation monitor app from KNOWHEN personalizes all the information for you.

"The app creates a storehouse of invaluable, long-term information she can share with her healthcare provider as needed," said Denise.

It's a natural, safe and accurate method of calculating your ovulation cycle and tracking your sexual activity. It offers important educational information regarding body cycles, fertility and women's health. Your results are stored for years on a secure server and readily available.

*The test is available for \$49.99 at many retailers, or at <https://www.knowhen.com/>*



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Winnie McCroy is the Women on the EDGE Editor, HIV/Health Editor, and Assistant Entertainment Editor for EDGE Media Network, handling all women's news, HIV health stories and theater reviews throughout the U.S. She has contributed to other publications, including The Village Voice, Gay City News, Chelsea Now and The Advocate, and lives in Brooklyn, New York.

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interesting.. will give this a try next time..I get free ovulation tests from conceiveeasy, but will get this too.. 😊

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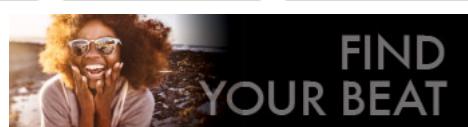
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