

Select location

Search



Sign In | Register

EDGEMEDIANETWORK
[News](#) [A&E](#) [Biz](#) [Tech](#) [Money](#) [Cars](#) [Style](#) [Health](#) [Travel](#) [Nightlife](#) [Pride](#) [Calendar](#)

Health/Fitness » Health

Tasty Treats for Your Holiday Gift-Giving

by Winnie McCroy
EDGE Editor
Wednesday Dec 6, 2017


[PRINT](#) [EMAIL](#) [COMMENTS \(0\)](#)


Delicious Spreads

The holiday season is all about decadence, and that includes those indulgences you might shy away from during the rest of the year. Whether you are ready to unveil the perfect party platter for guests who've traveled far to visit you or looking for a special gift for a hard-to-please family member, here are some of the most toothsome treats on the market.

For Mom: She's always there, fussing and fixing to make holiday meals special. Help her out with a selection of dips, spreads, and sauces from [Delicious & Sons](#).

Their Puttanesca Sauce adds a kick to that day-after-Christmas meal when you're sick of leftovers. The Sun-Dried Tomato Pesto Rosso and Porcini Mushroom Spread make for a quick bruschetta when those unexpected visitors drop by. And their Garlic Aioli with Saffron & Orange will elevate your turkey sandwich to new heights. \$7-12.



Long Grove Confectionery Co.

For Dad: Give the big cheese the best cheese, when you serve up Cabot Creamery's high-end [Cabot Reserve Legacy Collection](#)! The super-sharp Farmhouse Reserve Super Premium Aged Cheddar is ideal in a big dish of macaroni and cheese, your pop's favorite! And the Alpine Super Premium Aged Cheddar Cheese has hints of Swiss and parmesan in a cheddar aged to creamy, nutty perfection.

These bars and pre-sliced cheeses are perfect for holiday entertaining -- even if you're just entertaining yourself. \$4 each.

For Aunt Jean: Make the holidays special with sweet treats from [Long Grove Confectionery Co.](#) Their individually-wrapped Dark Chocolate Sea Salt Caramels are full of toothsome caramel doused in bittersweet chocolate and sprinkled with sea salt. The jolly gold bell on top of the package jingles every time you take one.

Also tasty are their Pecan Myrtles, packed with nuts. Kids will love their squishy squares of Dark Peanut Butter Melt Squares, and everyone will agree that the holidays just aren't complete without a nice box of Dark and White Chocolate Peppermint Bark, studded with zingy bits of candy cane. \$30-45.

For Your Festive Uncle: When it comes to the holidays, every day is toast-worthy! Now, your uncle can imbibe through the season one day at a time with [Heritage Distilling Co.'s Spirits Advent Calendar](#).

The collection features 24 50 mL bottles of award-winning whiskeys, vodkas and gins, including their Brown Sugar Bourbon, Elk Rider Rye Whiskey, and seasoned vodkas in flavors ranging from coffee, vanilla, lavender and blood orange. Hell yes, he's jolly! \$49.

For Your Younger Brother: Jerky for the jerks! What dude wouldn't rejoice in a collection of [Field Trip Jerky](#)?

Related Stories



The Gift of Mind-Blowing Cheese is Just a Click Away

FOOD/DRINK | By Culinary Institute of America | Dec 4

Edible gifts are always a huge hit, especially at busy times of the year. We can enjoy them in our pajamas at the end of a long day and they are usually something that you don't get to eat every day.



Gift Guide: Coffee Table Books for Every Passion

HOME | By Leanne Italie | Nov 28

Know a book lover with a coffee table and a passion? Then you're good to go on a gift. Coffee-table books aren't usually high on the self-purchase priority list but they can make great holiday gifts if chosen carefully.



A Man For All Seasons: EDGE's Essential Gift Guide

HOME | By Matthew Wexler | Dec 11

EDGE's holiday giving continues with this collection of unique gifts for your favorite guy. We've got it all, whether you're looking for an affordable stocking stuffer, a practical accessory, or a wow-factor piece that is sure to make an impression.

Ask the Doc: World AIDS Day 2017

For World AIDS Day, EDGE's resident expert Dr. Peter Meacher looks at Undetectable = Untransmittable and how it will help end the AIDS epidemic by 2030.


[More»](#)


Heritage Distilling Co.'s Spirits Advent Calendar



fieldtripsnacks
Follow

Forget about those shoe-leather jerkies. Fresh, meaty, and tender Field Trip Jerky is available in beef, pork, and cracked pepper turkey sticks and strips, to provide your disgusting little brother with the only food that can't go bad, even if you leave it out all night long while you're playing Call of Duty. Now clean your room! \$4.29.



The Truffleist

For Your Sister: The food snob in the family won't settle for anything less than the best. **The Truffleist's** high-end line of truffle-infused products will send her umami-meter off the charts! Bedizen a cheese board with a dollop of Truffle Honey. Liven up pasta dishes with a swirl of their Truffle Oil. Make the best sandwich of your life with their tangy Truffle Mustard. And everything, from eggs to fries, tastes better with a sprinkle of Truffle Salt. Their Truffleist Gift Box features all four, and will make up for all those times she covered for you in high school. \$65.

For Your Favorite Niece: Give your little sweetie something better than Nutella to spread on her toast: **My Sweet's** nut-free Spreadable Chocolate. Inspired by the popular chocolate treat Brazilian Brigadeiros, this thick, smooth paste is a mind-blowing alternative to icing and spreads great on fruit, pancakes, ice

cream, and more. Pair it with their Brick Brigadeiro and Wafer Cookie snacks, or their fine four-pack of Holiday Favor Box of truffles made just for you. \$10-24.

For Your Kid Cousins: Keep them quiet while they watch those Rankin-Bass Christmas specials, with the help of the [Popcornopolis Happy Holiday gift pack](#). This festive assortment features five cones full of specialty popcorns, including Caramel, Cinnamon Toast, Kettle Corn, Cheddar Cheese and the heavily candied Zebra Popcorn. The cone-shaped bags are perfect for sharing and keep the popcorn fresh and delicious. \$44.99.



popcornopolis
Follow

Winnie McCroy is the Women on the EDGE Editor, HIV/Health Editor, and Assistant Entertainment Editor for EDGE Media Network, handling all women's news, HIV health stories and theater reviews throughout the U.S. She has contributed to other publications, including The Village Voice, Gay City News, Chelsea Now and The Advocate, and lives in Brooklyn, New York.



Holidays 2017

This story is part of our special report titled "Holidays 2017." Want to read more? [Here's the full list.](#)

Comments[Add New Comment](#)**Comments on Facebook**

0 Comments

Sort by [Oldest](#)

Add a comment...

[Facebook Comments Plugin](#)**INSIDE EDGE****The Best HIV and LGBTQ Fundraisers of 2017****Five Great Photo Albums of 2017****Splurged on an Expensive Gift? Don't Forget to Insure It****Watch: 'Mamma Mia! Here We Go Again' Trailer Finally Drops****Seven Gay Wonders of the World 2018: San Francisco****Ask Brianna: Can I Give to Charity if Money is Tight?****Network Partners**

- Atlanta, GA
- Atlantic City, NJ
- Austin, TX
- Baltimore, MD
- Boston, MA
- Buffalo, NY
- Charlotte, NC
- Chicago, IL
- Cleveland, OH
- Columbus, OH
- Dallas, TX
- Denver, CO
- Detroit, MI
- Ft. Lauderdale, FL
- Fire Island, NY
- Indianapolis, IN
- Key West, FL
- Las Vegas, NV
- Los Angeles, CA
- Miami, FL
- Minneapolis-St. Paul, MN
- Nashville, TN
- New Orleans, LA
- New York, NY
- Orlando, FL
- Palm Springs, CA
- Philadelphia, PA
- Phoenix, AZ
- Pittsburgh, PA
- Portland, OR
- Providence, RI
- Provincetown, MA
- San Diego, CA
- San Francisco, CA
- Seattle, WA
- Washington, DC

Email Updates

Enter your email address below to receive daily email updates including news, giveaways and more.

Things to do

- Get Newsletters
- Learn about EDGE
- Work here
- Visit our Press Room
- Advertise
- Write Feedback
- Read Privacy Statement
- Read Terms of Use
- Contact Us



Copyright © 2003-2017

EDGE Publications, Inc. / All Rights Reserved

Homotech, YouShoot, EDGE Media Network, Pride Labs and QueeryMe are registered trademarks of EDGE Publications Inc.

98.14.235.74